



## Sponsorship Form – Fran for Families

Please sponsor me: \_\_\_\_\_

In Fran for Families; proceeds will be donated to Adopt A Family of Marin a 501C3- [www.adoptafamily.org](http://www.adoptafamily.org)

**Cash or Checks: Please make checks payable to Tamalpais CrossFit**

**Fran for Families**

On December 3<sup>rd</sup>, I will participate in Fran for Families, a charity workout with proceeds being donated to Adopt a Family of Marin to help local families get through the Holiday Season. Please sponsor me so that together, we can make a difference in others lives. **No amount is too small!!**



Full Name	Address	Email	Donation
(sample) Joe Crossfit	405 Fran Lane, San Rafael, CA	joe@crossfit.com	\$17.00
<b>TOTAL raised this page</b>			
<b>Please make checks payable to Tamalpais CrossFit</b>			

Participants who raise \$100 or more receive an event T-Shirt, please specify size:     Small  Medium  Large  X Large  XX Large